



THE FAST TRACK
TO BETTER
BEHAVIOR



“Parenting is Never Easy” Weekly Topics: Winter-Spring 2019

Wednesdays 6:30pm-8:00pm

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The Clubhouse House at The Play Lab

1300 Aviation Blvd. Redondo Beach CA 90278

RSVP: AKAADMIN@akatherapy.com or 310 376 2468 MUST RSVP TO ATTEND

Payment: Private Pay @ \$50 a person or \$75 a couple. Insurance might cover, inquire within

Week	Dates	Topic	Children’s Age
1	2/6/19	Understanding Parenting Styles	All Ages
2	2/13/19	Developmentally Appropriate Activities	Toddler-Kindergarten
3	2/20/19		Elementary
4	2/27/19		Middle School
5	3/6/19		High School
6	3/13/19	Healthy Communication	Toddlers-Elementary
7	3/20/19		Middle & High School
8	3/27/19	Knowing Your Child’s Friends	Toddlers-Elementary
9	4/10/19		Middle & High School
10	4/17/19	Limit Setting On and Off the Screen	All Ages
11	4/24/19	Using Positive Discipline	Toddlers-Elementary
12	5/1/19		Middle & High School
13	5/8/19	Internet Safety	12 years and older
14	5/15/19	Sex and Drugs	12 years and older

Parents can choose how many weeks to attend. Payment is per group.

Payment is due in advance to hold your spot in the group. NO REFUNDS, but a one-time credit to attend a different week in the same cycle will be offered.