

PROBLEM BEHAVIOR RATING SCALE – Parent

Child's Name: _____ Age: _____ Birth Date: _____

Person completing form: _____ Date: _____

A. Please use the following scale to indicate which of the following behaviors are problematic for your child:

	1	2	3	4
	Not at all problematic			Very problematic

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|--|-------------|
| 1. Acting impulsively or carelessly, without regard for consequences | ○1 ○2 ○3 ○4 |
| 2. Hitting or hurting others | ○1 ○2 ○3 ○4 |
| 3. Teasing or bullying others | ○1 ○2 ○3 ○4 |
| 4. Damaging or breaking things that belong to others | ○1 ○2 ○3 ○4 |
| 5. Screaming or yelling | ○1 ○2 ○3 ○4 |
| 6. Having sudden mood changes; demonstrating mood swings | ○1 ○2 ○3 ○4 |
| 7. Having temper tantrums or meltdowns | ○1 ○2 ○3 ○4 |
| 8. Being overly bossy or stubborn; needing to have his/her own way | ○1 ○2 ○3 ○4 |
| 9. Having a low frustration tolerance; becoming easily angered or upset | ○1 ○2 ○3 ○4 |
| 10. Crying easily with minor provocation | ○1 ○2 ○3 ○4 |
| 11. Making negative statements about him/herself | ○1 ○2 ○3 ○4 |
| 12. Being overly quiet, shy, or withdrawn | ○1 ○2 ○3 ○4 |
| 13. Acting sulky or sad | ○1 ○2 ○3 ○4 |
| 14. Being underactive or lacking in energy; sedentary | ○1 ○2 ○3 ○4 |
| 15. Expressing worry about many things | ○1 ○2 ○3 ○4 |
| 16. Engaging in behaviors that may be distasteful to others, such as nose-picking or spitting | ○1 ○2 ○3 ○4 |
| 17. Touching him/herself inappropriately | ○1 ○2 ○3 ○4 |
| 18. Engaging in compulsive behaviors; repeating certain acts over and over, having to do the same behavior in a specified way many times | ○1 ○2 ○3 ○4 |
| 19. Being overly concerned with making mistakes; being a perfectionist | ○1 ○2 ○3 ○4 |
| 20. Having toileting accidents | ○1 ○2 ○3 ○4 |
| 21. Hitting or hurting him/herself | ○1 ○2 ○3 ○4 |
| 22. Becoming overly upset when others touch or move his/her belongings | ○1 ○2 ○3 ○4 |
| 23. Laughing or giggling at inappropriate times (e.g., when others are hurt or upset) | ○1 ○2 ○3 ○4 |
| 24. Ignoring or walking away from others during interactions or play | ○1 ○2 ○3 ○4 |
| 25. Becoming upset if routines are changed | ○1 ○2 ○3 ○4 |
| 26. Touching others inappropriately | ○1 ○2 ○3 ○4 |
| 27. Asking the same questions over and over | ○1 ○2 ○3 ○4 |
| 28. Engaging in unusual mannerisms such as hand-flapping or spinning | ○1 ○2 ○3 ○4 |
| 29. Having to play or do things in the same exact way each time | ○1 ○2 ○3 ○4 |
| 30. Having difficulty calming him/herself down when upset or excited | ○1 ○2 ○3 ○4 |

B. Please star the behaviors above that interfere with your child's ability to make and keep friends.